

How to Give Light to the World With **SEVENTEEN BASIC COMMITMENTS**

The brightness of the countenance is often a reflection of the condition of the soul. *"Ye are the light of the world. . . . The light of the body is the eye . . ."* (Matthew 5:14; 6:22).

Also, spiritual maturity is related to the number of Scriptural commitments that we make and apply to our lives. In the Seminar, seventeen commitments are explained, and opportunities are given to make them. We encourage you to review and maintain these commitments so you can be an effective light to the world.

Commitments	Steps of Application
<p>1. SELF-ACCEPTANCE</p> <p style="padding-left: 20px;">"Right now, I thank You for the way You have made me so far, especially for (<i>unchangeable 'defect'</i>). I do now put myself back up on Your 'easel' and will cooperate with the 'picture' You are making with my life."</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> Unchangeable "defects" I have accepted:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>2. FOUR ESSENTIAL ATTITUDES</p> <p style="padding-left: 20px;">"In order to exercise my power of influence properly, I do purpose to have</p> <ul style="list-style-type: none"> • A <i>Reverent Spirit</i>, by separating position from personality; • A <i>Grateful Spirit</i>, by giving You my expectations; • A <i>Servant's Spirit</i>, by purposing to make my authorities successful; • A <i>Quiet Spirit</i>, by overcoming fear and worry." <p>Signature _____ Date _____</p> 	<p><input type="checkbox"/> How I demonstrated a Reverent Spirit:</p> <p>_____</p> <p><input type="checkbox"/> How I demonstrated a Grateful Spirit:</p> <p>_____</p> <p><input type="checkbox"/> How I demonstrated a Servant's Spirit:</p> <p>_____</p> <p><input type="checkbox"/> How I demonstrated a Quiet Spirit:</p> <p>_____</p>
<p>3. SUBMISSION TO AUTHORITY</p> <p style="padding-left: 20px;">"Lord, I do recognize that You have placed four authority structures over my life as 'umbrellas' of protection. Right now, I do submit my will to You and place myself under each of my authorities for the purpose of helping them to do good."</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> How I demonstrated my submission to my authority: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><input type="checkbox"/> Danger I have avoided by my submission:</p> <p>_____</p> <p>_____</p> <p>_____</p>

Commitments	Steps of Application
<p>4. CLEAR CONSCIENCE</p> <p>“I do purpose to gain a conscience void of offense toward You and toward others. I pray that You will give me grace as I humble myself and ask for forgiveness of each one whom I have wronged in the past.”</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> People I have asked to forgive me:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>5. FORGIVENESS</p> <p>“Lord, I do now fully forgive those who have offended me. I ask You to forgive me for taking up offenses for others. Give me wisdom to know how I can invest something of value in the lives of my offenders.”</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> People I forgave: How I invested in them:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>6. TRANSFORMING IRRITATIONS</p> <p>“Heavenly Father, thank You for this source which You have allowed in my life to motivate me to correct past offenses and to build Christlike character.”</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> Character I am learning through irritations:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>7. YIELDING RIGHTS</p> <p>“Right now, I picture myself kneeling at Your altar as Abraham did. I now place on the altar all of my rights and claim of ownership to myself, my possessions, my time, my reputation, and especially those things which have caused me anger and worry.”</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> Some of the rights I have given to God:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><input type="checkbox"/> How worry and anger have become signals of unyielded rights: _____</p> <p>_____</p> <p>_____</p>
<p>8. OBEDIENCE TO GOD’S SPIRIT</p> <p>“Father, right now I do open up every area of my soul to Your control. I ask You to fill my soul with Your Holy Spirit so I can experience His power through spiritual maturity.”</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> “Rooms” I opened up to God’s Spirit:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><input type="checkbox"/> How I demonstrated my will under God’s will:</p> <p>_____</p> <p>_____</p>

Commitments

Steps of Application

9. CLEANSING MY LIFE

“Lord, forgive me for allowing in my home things that grieve Your Holy Spirit, hinder my spiritual growth, and cause others to stumble. Right now, I purpose to remove and properly dispose of all these items.”

Signature _____ Date _____

10. ASSURANCE OF SALVATION

“God, I thank You for loving me and sending Your Son, the Lord Jesus Christ, to die for my sin and to be raised up from the dead. Right now, I do confess that I am a sinner, and I claim the blood of Jesus Christ as full payment for all my sin. I do receive Jesus and I give myself to You. Thank You for hearing this prayer and giving to me eternal life.”

Signature _____ Date _____

• “I purpose to follow the Lord in baptism as a public testimony that I am buried with Christ and risen with Him.”

Signature _____ Date _____

11. SCRIPTURE MEDITATION

“Thank You for the promise of success in whatever I do if I meditate on Your Word day and night. I do purpose to saturate my mind with Your Word and to hide it in my heart so I can meditate on it day and night.”

Signature _____ Date _____

12. DAILY BIBLE READING

“From this time forward, I do purpose that I will spend at least five minutes each day reading Your Word.”

Signature _____ Date _____

- | | |
|--------------------------------------------------|----------------------|
| <input type="checkbox"/> Things I removed: | How I replaced them: |
| <input type="checkbox"/> Television | _____ |
| <input type="checkbox"/> Carnal music | _____ |
| <input type="checkbox"/> Sensual magazines/books | _____ |
| <input type="checkbox"/> _____ | _____ |
| <input type="checkbox"/> _____ | _____ |
| <input type="checkbox"/> _____ | _____ |
| <input type="checkbox"/> _____ | _____ |

Evidences of my salvation—

- Things I used to do that I now see grieve the Holy Spirit: _____

- An increased hunger for God’s Word
- A desire to develop Christlike character
- Increased testing since salvation
- A greater love for other believers
- A desire to tell others about my salvation
- _____
- _____
- Date I was baptized: _____

- Scripture I have memorized for meditation:

- My initial reading plan:

Commitments

Steps of Application

13. EIGHT CALLINGS

“Thank You for calling me and ordaining me to go and bear much fruit. Toward that end, I do now purpose to follow Your eight callings in order to expand my witness and life message: the callings of salvation, separation, dedication, service, suffering, Godliness, brotherly kindness, and love.”

Signature _____ Date _____

14. CONQUERING HABITS

• “By faith, I now accept the fact that as a believer, I died with Christ on the cross according to Romans 6.”

Signature _____ Date _____

• “I purpose to engraft Romans 6 and Romans 8:1–15 into my soul and to put myself to sleep each night by quoting this or other Scriptures to the Lord.”

Signature _____ Date _____

• “Whenever I am tempted, I will immediately ‘stretch out my spiritual wings’ by quoting Romans 6 or other Scripture and picturing how a dead man would respond to temptation.”

Signature _____ Date _____

• “I do purpose to be properly accountable to Scriptural authority to carry out these decisions and to maintain daily victory.”

Signature _____ Date _____

15. STANDARDS IN COURTSHIP

• “I do want Your best for my decisions in courtship, engagement, and marriage.”

Signature _____ Date _____

Callings I have experienced:

- | | |
|-------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Salvation | <input type="checkbox"/> Suffering |
| <input type="checkbox"/> Separation | <input type="checkbox"/> Godliness |
| <input type="checkbox"/> Dedication | <input type="checkbox"/> Brotherly Kindness |
| <input type="checkbox"/> Service | <input type="checkbox"/> Love |

I visualized myself crucified with Christ.

Date I finished memorizing Romans 6:

Date I finished memorizing Romans 8:1–15:

I personalized Romans 6, 8:1–15.

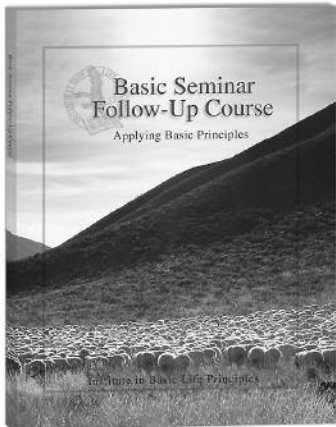
I am accountable to _____

How I have demonstrated my focus on single service for Christ and my willingness to set aside dating relationships and wait until God leads me to the “right one” _____

Commitments	Steps of Application								
<ul style="list-style-type: none"> • “I purpose to honor the Scriptural principle of letting the father of the girl determine whom his daughter should date and marry.” <p>Signature _____ Date _____</p> <ul style="list-style-type: none"> • “I purpose not to discuss marriage until both sets of parents have given full approval.” <p>Signature _____ Date _____</p> <ul style="list-style-type: none"> • “I determine that the one I marry must have eight basic qualities: salvation, self-acceptance, submission to authority, clear conscience, yielding rights, moral freedom, purpose in life, and financial freedom.” <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> (<i>Young ladies:</i>) I have discussed this area with my father and will refer all interested young men to him.</p> <p><input type="checkbox"/> I have discussed this area with my parents.</p> <p><input type="checkbox"/> Defrauding actions/dress I will avoid: _____ _____</p> <p>Qualities I need to develop:</p> <table border="0"> <tr> <td><input type="checkbox"/> Salvation</td> <td><input type="checkbox"/> Self-Acceptance</td> </tr> <tr> <td><input type="checkbox"/> Submission</td> <td><input type="checkbox"/> Clear Conscience</td> </tr> <tr> <td><input type="checkbox"/> Yielding Rights</td> <td><input type="checkbox"/> Moral Freedom</td> </tr> <tr> <td><input type="checkbox"/> Purpose in Life</td> <td><input type="checkbox"/> Financial Freedom</td> </tr> </table>	<input type="checkbox"/> Salvation	<input type="checkbox"/> Self-Acceptance	<input type="checkbox"/> Submission	<input type="checkbox"/> Clear Conscience	<input type="checkbox"/> Yielding Rights	<input type="checkbox"/> Moral Freedom	<input type="checkbox"/> Purpose in Life	<input type="checkbox"/> Financial Freedom
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<p>16. HONORING MARRIAGE</p> <p>“Lord, I affirm that marriage is an unbreakable covenant rather than a conditional contract. Therefore, I make the following six decisions:</p> <ul style="list-style-type: none"> • “I will date and marry only a (growing) Christian. • “I will build my dating and marriage around God’s purpose for my life. • “I will guard against defrauding in my friendships. • “My spouse and I must be in harmony with our own families as far as is Scripturally possible. • “I will await God’s timing for my marriage as indicated by our parents’ wholehearted consent, our financial abilities, and our purposes in life. • “I give to You my rights to dating and marriage and will concentrate on single service until You bring the one of Your choosing into my life. Every year that I am single, I will thank You, because I know that I can be more dedicated to my work or ministry single than I could be married.” <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> Understand the symbolism of the wedding ceremony by reading <i>The Wedding Covenant</i> booklet.</p> <p><input type="checkbox"/> Questions I can ask to assess spiritual growth: _____ _____</p> <p><input type="checkbox"/> Standards I have accepted to avoid defrauding or any appearance of evil: _____ _____</p> <p><input type="checkbox"/> I have developed good relationships with:</p> <table border="0"> <tr> <td><input type="checkbox"/> My mother</td> <td><input type="checkbox"/> My father</td> </tr> <tr> <td><input type="checkbox"/> Each brother</td> <td><input type="checkbox"/> Each sister</td> </tr> </table> <p><input type="checkbox"/> I have assured my parents that I will not marry without their full blessing.</p> <p><input type="checkbox"/> Ways that I am serving the Lord as a single person: _____ _____ _____ _____ _____</p>	<input type="checkbox"/> My mother	<input type="checkbox"/> My father	<input type="checkbox"/> Each brother	<input type="checkbox"/> Each sister				
<input type="checkbox"/> My mother	<input type="checkbox"/> My father								
<input type="checkbox"/> Each brother	<input type="checkbox"/> Each sister								

Commitments	Steps of Application
<p>17. GROWING IN LOVE</p> <p>“Heavenly Father, I give to You all my affection, dedicate myself as a channel of Your love to those who You want to love through me, and purpose to learn how You want to love others through me.”</p> <p>Signature _____ Date _____</p>	<p><input type="checkbox"/> Other things that had been distracting my affections which I now commit to the Lord:</p> <p><input type="checkbox"/> _____ <input type="checkbox"/> _____</p> <p><input type="checkbox"/> _____ <input type="checkbox"/> _____</p> <p><input type="checkbox"/> _____ <input type="checkbox"/> _____</p> <p><input type="checkbox"/> _____ <input type="checkbox"/> _____</p> <p><input type="checkbox"/> Practical ways God has directed me to show love to others: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>

FOR FURTHER HELP IN REAFFIRMING BASIC COMMITMENTS . . .



Basic Seminar Follow-Up Course

Those who attend the Basic Seminar for the first time usually finish the week excited about what they have learned but also overwhelmed at the idea of applying all that material.

Seminar alumni often ask, “What do I do now? How can I apply all this material?”

A *Follow-Up Course* has been designed to give direction for further study and application of the basic principles and Biblical commitments. This course can be used in the local church, in a neighborhood, a business, or with other groups of Seminar alumni.

The course is available for \$15 and may be obtained at the Basic Seminar or by contacting:

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